

Main clinic 1680 Route 23 North, #250 | Wayne, NJ 07470
Satellite 1 West Ridgewood Avenue, #208 | Paramus, NJ 07652
Phone 973.633.1122 | www.northjerseypinegroup.com

Early detection and removal of spinal tumor gets patient back in the gym

Craig noticed his back pain just wasn't getting any better after five months of trying various remedies. He suspected something was seriously wrong and decided to visit North Jersey Spine Group.

Craig's first appointment was with physical medicine and rehabilitation physician, Dr. Rand.

"He had a way of taking care of me and making me feel like it was all under control. With your back hurting, you're nervous and you don't know what to expect. But everyone at North Jersey Spine Group - from the front office support staff to the physicians - made me feel at ease. They really put my needs first," he remembers.

Dr. Rand performed a physical exam and then ordered an MRI. Dr. Rand's suspicion was warranted: the MRI revealed a spinal tumor.

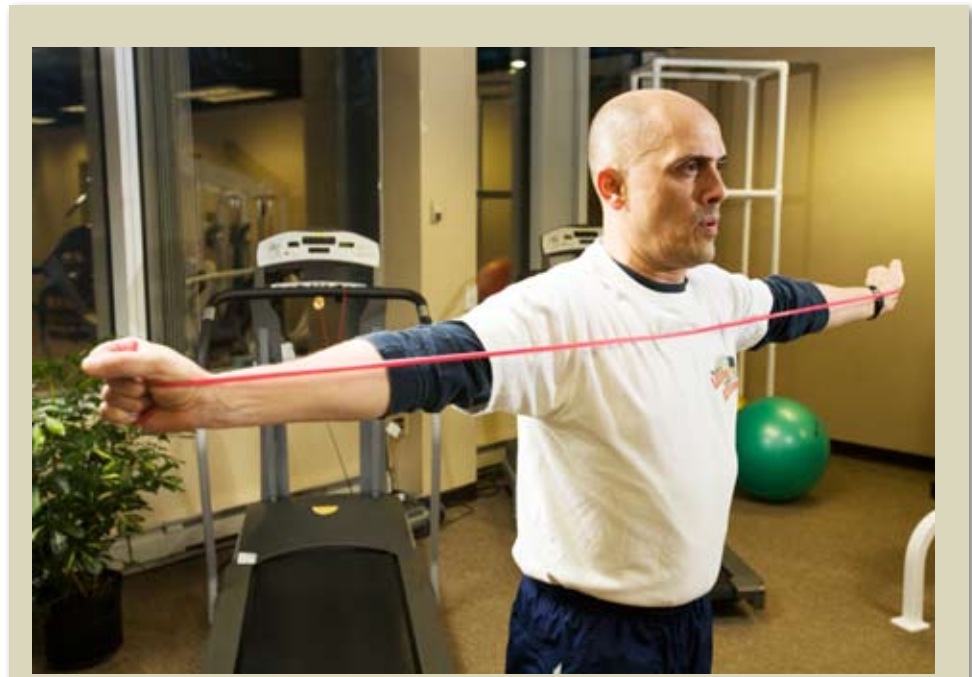
But additional tests revealed good news: the tumor was not cancerous. Still, it was imperative to remove the tumor. Dr. David Sundstrom, a spine neurosurgeon at

North Jersey Spine Group performed the necessary spinal surgery to successfully remove the entire tumor.

After surgery, Craig is working with physical therapy at the spine center to

strengthen his back for a full recovery.

"Finding out you have a spinal tumor is bad news," he says, "but hearing it's been removed successfully, and that you'll be okay, is great news."



Following the removal of a spinal tumor, Craig is on his way to a full recovery. Part of the recovery process include workouts in the exercise gym at North Jersey Spine Group with Kim Baubles, Director of Physical Therapy.

David Sundstrom, M.D. is a board-certified neurological surgeon who specializes in the treatment of back and neck pain, including the use of spine surgery. He treats a variety of back and neck problems, ranging from simple disc problems to complex spine surgeries requiring the most advanced instrumentation. Dr. Sundstrom has practiced in the North Jersey region for more than 16 years. Dr. Sundstrom grew up in the North Jersey area. He graduated Magna Cum Laude from Tufts University in Massachusetts with a Bachelor of Science in biology. He then completed medical school at the Albert Einstein College of Medicine in New York. He did an internship in general surgery and a residency in neurological surgery at the Montefiore Medical Center in New York. During this time, Dr. Sundstrom was named Chief Resident at Montefiore Medical Center.

Dr. Raab and Dr. Sundstrom have teamed together for more than four years and have worked with hospitals in Bergen, Morris and Passaic counties. Dr. Sundstrom is a member of the American Medical Association and the Bergen County Medical Society.



Dr. David Sundstrom

NONSURGICAL SPINE CARE:
 DOV RAND, MD, BOARD ELIGIBLE PHYSICAL MEDICINE & REHABILITATION
 KIMBERLY BAUBLES, MSPT, MTC, BSHS, CCI, SPINE SPECIALIZED PHYSICAL THERAPIST

SPINE SURGEONS:
 DAVID SUNDBLUM, MD, BOARD CERTIFIED NEUROLOGICAL SURGEON, SPECIALIZING IN SPINE SURGERY
 RAJNIK W. RAAB, MD, BOARD ELIGIBLE NEUROLOGICAL SURGEON, SPECIALIZING IN SPINE SURGERY